



The Mounted Eagles'

Mane Tales



Therapeutic Horsemanship

Volume 10 ♦ Issue 1 ♦ January-March 2012

Mounted Eagles Celebrates 20th Anniversary!

2012 marks the 20 year anniversary of the inception of Mounted Eagles. We think that is pretty impressive so we are inviting you to celebrate with us on February 27 at the Northland Arboretum in Brainerd at 5:30 pm. If you did not receive an invitation, we apologize, but there is still time for you to register if you do it quickly. We will have a fabulous meal catered by Chef Tom Johnson, American Gourmet Catering, reminisce with friends, have some fun and view the brand new Mounted Eagles promotional video created by Steve Lanz of Nisswa. Cost is \$10 for adults and \$8 for kids. Please call Lise Lunde at 218-232-7561 to register.



Susie Bailiff began the program in her back yard with a handful of volunteers, one horse and three riders. Today, the program owns eight horses, serves 60+ riders and is supported by 50+ volunteers. Susie's passion for horses and helping others has been the mainstay of this program. Susie remains our Lead Instructor today and knows each of our horses, volunteers and riders so well that they are part of her family. Come and join us for a night of fun and recognition of this extraordinary program and its participants and supporters.

Mounted Eagles Benefits from Melaleuca

Mounted Eagles has become the designated Non Profit for customers in a group of customers with the Melaleuca Company. Melaleuca is a health and wellness company available to assist others in reaching financial goals, improved nutrition, fitness or energy. It gives peace of mind during daily cleaning. It enhances health and beauty at affordable prices with great quality. Over 350 products that most people and pets use daily are naturally safe for the environment, home and our families. Customers will benefit from the abundance that this company has to offer with 100% satisfaction or your money back. Mounted Eagles will earn a 5% commission from the products purchased by monthly Melaleuca customers that have been referred by Mounted Eagles. Lorie Duevel is the contact person. Call for more information at 320-232-8165. If you would like your home or business shopping purchases to assist the Mounted Eagles for fundraising call Lorie. Thanks!

2011 RIDERS BANQUET - January 23, 2012



Rider of the Quarter - Kristi Dahlgren



When you meet Kristi Dahlgren, you quickly notice her beautiful smile. You also notice that she smiles a lot. Kristi is 21 years old and has been in the Mounted Eagles program for three years. She readily admits that horseback riding is her favorite thing to do and that she gets very excited on riding day. Kristi rides Bear who is one of the newest program horses. Kristi is a calm and patient rider. She works on her reining skills as she moves Bear around the riding arena. Kristi concentrates on the directions given to make sure she is holding her reins properly, sitting up straight and giving Bear good signals. She says that Bear listens pretty well, but will get

better with more lessons. When working with Kristi, you will always hear some giggles and of course she has a big smile on her face.

Kristi resides in Onamia with her parents Charles and June Dahlgren. The Dahlgrens agree that Kristi has become a much more confident young lady from her participation in the ME riding program. Kristi has also gained muscle strength and her balance has improved. Kristi works in Onamia for a

program that provides school readiness and is also a library helper. She loves to go to movies and her favorite movie is *Never Say Never* with Justin Bieber. Yes, she is a Justin Bieber fan! Kristi likes to make spaghetti, but says that she likes to eat any kind of pasta and cheesecake is her favorite dessert. Kristi loves to go to her Grandma and Grandpa's farm in southwestern Minnesota and one of her favorite summer trips was to Colorado. In her spare time, Kristi loves to play games on her Kindle and is especially fond of word finds. Her favorite TV shows are *Little House on the Prairie* and *American Idol*. She also enjoys crafts and card making. Kristi shares her artistic interests with a very important person in her life, her older sister Gail, who is an art teacher in Elk River. Kristi wants to be an artist just like Gail. When Kristi was told that she was selected as Rider of the Quarter, the first thing she said was "I have to call Gail!" Kristi, we enjoy your happy personality each week and look forward to your continued success.

Congratulations on being selected as the Mounted Eagles Rider of the Quarter!

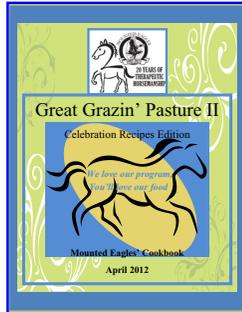
SPECIAL OLYMPICS



The 2012 Mounted Eagles Special Olympics Equestrian Team is now forming. If you wish to compete at the State Competition on August 17, 2012, please contact Lynn Fairbanks. There are certain criteria that must be met to qualify as a Special Olympic athlete and you must have the ability to steer your horse on your own either with a lead rope attached or independently.

CELEBRATIONS COOKBOOK

As part of our 20th Anniversary Celebration, we are putting together a second Cookbook with recipes collected from Mounted Eagles program participants, volunteers and their friends and families. The cookbook will reflect a short bio, including a photo, of the rider or volunteer from whom or whose family the recipes came. We would love to have at least one recipe from everyone associated with M.E.



We want you to share your special 'celebration recipes' with us. Let us know what you enjoy at birthdays, 4th of July, Christmas, Thanksgiving and any of your special celebrations. We will be collecting recipes through March so we can get them to print and have them ready for their debut by Easter. Don't wait, send them now! You may send as many as you wish.

This is a fund raising effort and 100% of the profit will be applied to expenses for program continuation and expansion.

You can pick up recipe forms at the barn or visit our website at www.mountedeagles.org, click on "News", and then click on "SUBMIT YOUR RECIPE", fill out the form and send it from there. If you use the written form, please e-mail to bstroot@tds.net or mail to Aggie Stroot, 6504 59th Ave SW, Motley MN 56466. You may also leave them at the barn.

2011 DONOR LIST

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John & Jan Moran
Spirit Horse Center

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Any others whom we have unintentionally left off of this list. We are eternally grateful to all who donate to us in any way.

God Bless You All!

Welcome New Riders
Trenton R & Ezra B

Welcome New Volunteers
Christine W, Britteny S & Christine O

2012 Calendar of Events

Feb 27	20th Anniversary Celebration
March 6-22	Cookie Sales
May 5 (tentative)	Wine & Hors doeuvres Event
May TBD	Pizza Sales
June TBD	5K Run
July TBD	Kayak Race
Sept 8	Walk-N-Roll
Oct 5-7	Hoofin It Trail Ride
Oct-Nov	Cookie & Soup Sales
Oct-Nov	Christmas Cards

Watch www.mountedeagles.org for updated calendar.



Happy Birthday

January

Lorraine B
Makayla S
Christina B
Clayton W
Kaleb G

Lynn F
Marvin K
Grace B
Colleen L

February

Lise L
Cindy R
Justin F
Nicholas P

Sarah H
Jack K
Brad B
Hank M

March

Amber H
Danny M
Jaden G
Penny K
Jan M

Scarlett A
Christine S
Colleen G
Charles K

David J
Veronica U
Connie M
Anja K

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Lynn Fairbanks, Executive Director; Susie Baillif, Sr. Instructor; Shirley Adolphson and Toni Wasilensky, Volunteer Directors

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