



The Mounted Eagles'

# Mane Tales



Therapeutic Horsemanship

Volume 8 ♦ Issue 3 ♦ July-September 2010

## Mounted Eagles Announces Special Olympics Equestrian Team



Special Olympics  
Minnesota  
Mounted Eagles

Mounted Eagles has joined Special Olympics of Minnesota! Special Olympics Minnesota believes that through sports training and competition, people with intellectual disabilities benefit physically, mentally and socially; families are strengthened; and the community at large, both through participation and observation, is united in understanding people with intellectual disabilities in an environment of equality, respect and acceptance.

Earlier this year, nine Mounted Eagles volunteers were trained under Special Olympics guidelines to become equestrian coaches. Currently there are two athletes who will compete at the state competition on August 20 in North Branch, Minnesota. Alicia Paine of Brainerd is 31 years old and has been riding with Mounted Eagles for 13 years. Justin Fairbanks of Nisswa is 20 years old and has been riding with Mounted Eagles for 11 years. Justin and Alicia are both very excited to be taking their riding experience to the competition. They have been hard at work training specifically for the competition since June 1. Alicia and Justin have been training with horses owned by Mounted Eagles, however, at the competition, they will use horses provided specifically for the competition. This will be a challenge for the riders, as it will not only be an unfamiliar arena but an unfamiliar horse as well. Their coaches feel that Alicia and Justin are trained and ready to adjust to their surroundings and the new horses. Alicia and Justin will both be participating in two events each, English Equitation and English Obstacle. Mounted Eagles is very proud to be associated with such an outstanding organization.

### Special Olympics Athlete Oath

"Let me win.  
But if I cannot win,  
let me be brave  
in the attempt."

A special thank you to Spirit Horse Center and Grattan Home Healthcare for sponsoring the Mounted Eagles Special Olympics Equestrian Team. 7th Annual

## Walk-N-Roll

So they can ride

Join us on Saturday, September 11th for our biggest fund raising event of the year! Dust off those walk'in shoes...or rollerblades, skateboards, wheelchairs, strollers or bikes! Get your team together and collect those pledges!

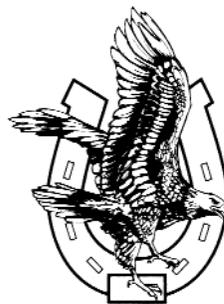


We will follow the 6-mile route along the Paul Bunyan Trail from the Nisswa Chamber Gazebo to the Pequot Lakes Trailside Center. Registration begins at 2:00 pm with the walk starting at 3:00 pm. All walk participants, as well as the general public are invited to the "all-you-can-eat" spaghetti dinner, silent auction and live band concert following the walk at the Pequot Lakes Trailside Center. Dinner will be served from 3:00 p.m. to 7:30 p.m. Cost for the dinner and concert is only \$8.00 for ages 13 & older, \$5.00 for ages 6-12 yrs, and children 5 and under are free.



Do you know someone who may be interested in becoming a sponsor for the Walk-N-Roll? We are in need of T-Shirt, Finish Line and Mile Marker sponsors as well as items for the silent auction. All donations are tax deductible.

Bring your families and friends and join in on this wonderful fund raising event! See you there!



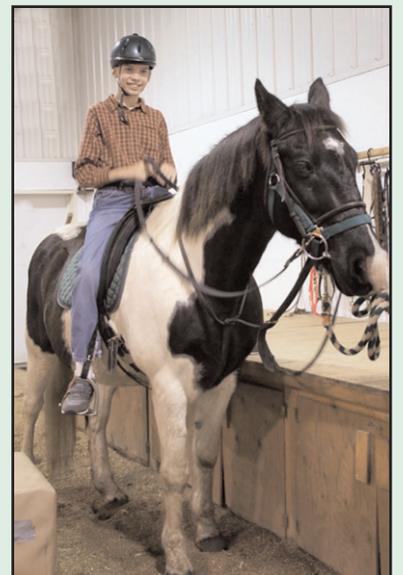
## Rider of the Third Quarter - Mitchell Ruis

Mitchell Ruis is a wonderfully cheerful 19 year old who is filled with much love and affection. He has been challenged with uncontrollable seizures that affect him neurologically, causing developmental delays and moderate mental retardation. While Mitchell's vocabulary is limited, he is very resourceful about making his wishes known. Be sure to hide your ink pens, he is very fond of them and yours may just disappear when Mitchell is around!

When Mitchell arrives for his riding lesson, he seems to almost dance into the riding arena with his long legs and arms. He loves horses and when you ask him if he wants to begin his lesson by leading his horse, or by riding, he will quickly make his wishes known - "ride". Mitchell mounts his horse Wind Dancer and along with his coach they begin the riding lesson. Mitchell is grinning from ear to ear as looks over his shoulder at the family member who brought him. With great excitement he keeps pointing down at his horse. Now it is time to get to get down to business. Mitchell, hold your reins this way and look at me. Turn your horse this way and ride to the big doors. Now steer your horse and weave the cones. Wind Dancer patiently carries his special rider as Mitchell, holding his reins, leans way off to the side in the direction that he wants his horse to turn. First this way and then that way. His big smile lifts you and you can see that he is trying so hard for you. Some lessons go very smoothly and Mitchell is able to follow every direction. Some lessons are a bit more difficult and it proves hard for Mitchell to complete what is requested of him. But no matter how the les-

son is going, he is happy to be on Wind Dancer and they are riding partners for this special time together.

When Mitchell isn't at the barn, he loves spending time with his close knit family. He especially adores his Grandpa Ruis. Mitchell thinks "Thomas the Train" is the greatest! Mitchell has amazing eyesight and can spot a train track, or a train, even when it is far away from the road. He enjoys every minute of road trips, even the very long ones. Mitchell especially enjoys being outside where he can ride his three-wheeled bike on his family's trails. At the end of each week you will find him listening to the singing at church and then he is off to greet his special friends during fellowship time.



Thank you Mitchell for being a part of the Mounted Eagles family. Congratulations on receiving Rider of the Third Quarter.

# Hoofin' it for Mounted Eagles

## 3rd Annual Benefit Trail Ride

Saturday & Sunday  
October 2 & 3, 2010

6504 59th Ave  
County Rd 24  
Motley, MN

Saddle up and join in on the fun! Camp in the beautiful surroundings!



It's the 3rd annual Hoofin' It trail ride to benefit Mounted Eagles. Enjoy a weekend of trail riding and camping in a colorful fall wonderland on private acreage that is not available to the public at any other time. Scenic trails feature groves of maple, birch and oak and owner's private lake. All trails are groomed and grassy. All rides will be guided.

Register early, cost is \$45 per horse/one rider if registration is postmarked by September 25, 2010. Registrations will be accepted on the day of the event for a cost of \$50 per horse/one rider. Included in the cost are Saturday and Sunday morning breakfasts, Saturday night pig roast dinner and musical entertainment by the Stony Creek Band.

If you can't come for the whole weekend, the public is invited for Saturday night only (no horse required) to enjoy the pig roast dinner, bonfire and music. The cost for Saturday night only is a Non-Rider fee: \$15 (ages 13 yrs and older), \$10 (ages 6-12 yrs), 5 yrs and under are free.

Contact:

Mary Hammer 218.839.1274 or  
Aggie Stroot 218.568.5883 or 888.828.9920

Register on-line at [www.mountedeagles.org](http://www.mountedeagles.org)

### 2010 Calendar of Events

- Aug. 20 Special Olympics
- Sept. 11 Walk N Roll So They Can Ride
- Oct. 1-3 Hoofin' It For Mounted Eagles
- Oct. 7 Quarterly Volunteer Training

Watch [www.mountedeagles.org](http://www.mountedeagles.org) for updated 2010 Calendar of Events

### New Riders New Volunteers

Danielle L  
Zoe S  
Makayla S  
Danny M

Lynn H  
Monica M  
Samantha S



A BIG Thank You to all who attended the Applebee's Pancake Breakfast! We raised \$539.00!



A special thank you to all the wonderful volunteers who made this fund raiser possible. Whether you sold tickets, waited tables, served heaps of hot pancakes or kept the tables clean, YOU made it a successful event!

### Benefit Horse Show

The Mounted Eagles Benefit Horse Show was held on June 19. The show was sponsored by Spirit Horse Center and had a great turn out with 56 riders competing for a full day of event classes. Highlights of the show included our own Jenny Aulie and Veronica Uhlenkamp. Jenny performed an Exhibition ride on her mount Ace, a Mounted Eagles program horse. Veronica participated in the actual competition and won a first place and a third place in her classes. She rode Rosie, also a Mounted Eagles program horse.



Veronica & Rosie



Jenny & Ace



Great performances ladies!



### Happy Birthday

#### July

Riley V  
Linda A  
Toni W  
Linda D  
Anshel B

Shae J  
BJ F  
Holly D  
Shawn G

Stephanie K  
Malissa M  
Derek O  
Sam W

#### August

Karlee S  
Samantha S  
Melissa S  
Jenny A

Katie R  
Sarah F  
Wendy N  
Vicky S

#### September

Bethany L  
Donna M  
Keppers S  
Kelly W  
Sandy S  
Mary H  
Danielle L

Lee R  
Lisa W  
Bud R  
Ramona S  
Missy P  
Faith M



### The Mounted Eagles' Mane Tales is a Quarterly Publication of Mounted Eagles, Inc.

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